



**EDDIE BAZA CALVO**  
GOVERNOR

**RAY TENORIO**  
LIEUTENANT GOVERNOR

GOVERNMENT OF GUAM  
**DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES**  
**DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT**



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JAN 28 2013

**DPHSS Release No.: 2013-007**

**Government of Guam Worksite Wellness Program (WPP) Launch**

The Government of Guam Worksite Wellness Program (WPP) is an innovative and preventive health initiative of Executive Order 2012-17 signed by Governor Eddie Baza Calvo. The WPP is designed to allow time for GovGuam employees to participate in activities that promote physical health and wellness such as exercise and educational sessions for up to three hours during the regular work week.

Health Coaches work within each GovGuam agency to ensure accountability of time spent with the WPP and to encourage participation by all employees. In turn, improved health and wellness is expected to enhance efficiency, reduce down time due to sickness and to improve overall productivity for all GovGuam employees participating in this program.

The launch of the Government of Guam Worksite Wellness Program is set with the following activities:

- 2 PM, Monday, January 28, 2013: Worksite Wellness Program Launch at the Micronesia Mall Center Court followed by Physical Activities
- 4 PM to 6 PM, Tuesday, January 29, 2013: Walk, Jog and Run at the Paseo
- 4 PM to 6 PM, Wednesday, January 30: Walk, Jog and Run at the Dededo Sports Complex
- 4 PM to 6 PM, Tuesday, January 31, 2013: Walk, Jog and Run at the Paseo
- 5 AM to 9 AM, Saturday, February 2, 2013: 5K/2k Walk, Jog, Run or Roll 5K/2K Event at the Governor's Complex, Adelup

The Worksite Wellness Program will continue throughout the year with plans to expand this as a model for private businesses and community-based organizations of Guam. For more information, please call the Guam Department of Public Health and Social Services (DPHSS) at 635-7474 (Al Silverio) or visit the DPHSS website at [www.dphss.guam.gov](http://www.dphss.guam.gov). Thank you.



**JAMES W. GILLAN**  
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